



Niona Seabury

She/Her/Hers

Non-Union

Hair: Auburn Eyes: Hazel Height: 5'5 Voice: Soprano G3-B5

Chicago Theatre:

The Porch*	Improviser	Theatre Momentum	Tony Rielage
*Upcoming			

Educational Theatre: (Selected Credits)

Life (x) 3	Inez**	Idaho State University	Vanessa Ballam
Dead Man’s Cell Phone	Jean**	Idaho State University	Joel Shura
Proof	Catherine	Old Town Actors’ Studio	Daniel Mark Sheldon
Silent Sky	Henrietta Leavitt	Westside Theatre	Tanner Morton
A Midsummer...Dream	Helena	Old Town Actors’ Studio	Michael Fornarotto
The Book of Will	Alice Heminges	Idaho State University	Vanessa Ballam
Marisol	The Woman with Furs	Idaho State University	Stefan Espinosa
Romeo and Juliet	Nurse	Idaho State University	Stefan Espinosa
The Burial at Thebes	Chorus**	Idaho State University	Joel Shura
Ben Hur	Crystal Singer	Actors’ Rep. Theatre of Idaho	Rebecca Beck
Vanya and Sonia...Spike	Nina	Actors Rep. Theatre of Idaho	Melanie Seneff
**Irene Ryan Nomination			

Comedic Improv:

The Comedy Project	Troupe Member***	2021-2025
Wasatch Improv Festival	Festival Ensemble	2025
Wasatch Improv Festival	Colosseum	2024
ISU PAC Rats	Troupe Member***	2020-2024
***Shows and Details Available Upon Request		

Training:

Bachelor of Arts - Theatre - Idaho State University

Acting:	Dialects/Voice:	Improv/Clowning:	Dance:
Vanessa Ballam	Adrianne Moore	Joel Shura	Ballet/Jazz - Idaho Ballet Theatre
Stefan Espinosa	Diana Livingston Friedley	Daniel Mark Sheldon	Tap - Tiffin Bennett
Rebecca Beck	Michelle Adams		
Acting Studio Chicago - Beginning Monologue - Sarafina Vecchio			

Special Skills:

Improv; Clowning; Unarmed Stage Combat; Stage Intimacy; Dialects: *RP, London, Estuary, Southern American*; Balloon Animals

Awards:

Best Classical Performance: KCACTF VII Irene Ryan Scholarship Competition (2024), KCACTF VII Irene Ryan Finalist: (2023, 2024)